Open Roots Consulting is excited to offer...

## Free Mini-Workshops & Free Consulting

The 1st & 3rd Tuesday of Every Month @ 3pm 3:00 pm to 5:00 pm - Mini Workshops, Coaching, Q'n'A 5:00 pm to 7:00 pm - Consulting Sessions by Appointment



Hosted at The Relational Center: 2717 S. Robertson Blvd., Los Angeles, CA 90034

Socially just community driven projects and programs are needed now more than ever. These free mini-workshops and consulting sessions are one way we are trying to make our services more accessible and available.

Here are some examples of the types of projects and programs we can support:

- Workshop Development (e.g. parenting special needs children, training caregivers in empathetic responses, independent living skills for foster youth, financial literacy for teenagers, etc.).
- Project Development (e.g. tutoring for students in low income areas, volunteer groups for teens, protesting social injustice, growing a community garden, organizing a community art project, etc.).
- Program Development (e.g. creating a time bank for senior citizens living in assisted living centers, creating a food cost sharing program for seniors living on a limited budget, creating an afterschool program for children in your community, etc.).



Amanda Morita is a social science researcher, community psychologist, and organizational consultant. She specializes in leadership coaching and program development in the non-

profit sector. Amanda has worked in non-profit social change agencies for the last 13 years and has developed a passion for building healthier communities and organizations. She holds a Master of Arts in Applied Community Psychology and is working on completing a Ph.D. in Organizational Leadership.

In his first career, Dan was the director of information technology at a large insurance company. He went back to school and completed his Bachelor's degree in Psychology with a focus on



Cognitive Science at UCLA and a Master's degree in Clinical Psychology with a specialization in Applied Community Psychology from Antioch University in Los Angeles. Dan is currently the Deputy Director of The Relational Center and an active board member of the South Robertson Neighborhoods Council.

## Mini-Workshop Topics & Schedule

March through December 2017



Below is a list of mini-workshop topics and open drop-in sessions. Regardless of the topic, we are open to discussing any projects, programs, or questions as time permits. Once we have a clear sense of your project we would love to schedule a private consulting session to go into more detail about your vision and the design to make it come to life.

March 21 - Translating Your Passion into a Plan

What matters most to you? What do you want to change?

April 4 - Project Planning

What is a Program vs. a Project? What's the Impact?

April 18 - Coaching, Consulting, Q'n'A

May 2 - Program Design

What do you want to do? For Who? Why and How?

May 16 - Coaching, Consulting, O'n'A

June 6 - Resource Assessment

What are you going to need for your program?

June 20 - Coaching, Consulting, Q'n'A

July 4 - Have a Great Interdependence Day!

July 18 - Coaching, Consulting, Q'n'A

August 1 - Outcomes vs. Impacts

How do you know your program is happening? How do you know if the results are sustainable?

August 15 - Coaching, Consulting, Q'n'A

September 5 - Collaborative Leadership

How do you share ownership and responsibilities? How will you bring in everybody's strengths?

September 19 - Coaching, Consulting, Q'n'A

October 3 - Measurement Tools

What is a measurement tool? How do you use surveys?

October 17 - Coaching, Consulting, Q'n'A

November 7 - Using an Evaluation to Redesign a Program

What if your program is not having the desired impact? How do you use your evaluation data to improve it?

November 21 - Coaching, Consulting, Q'n'A

December 5 - Workforce Training

How do you train your team?

December 19 - Coaching, Consulting, O'n'A

We founded Open Roots Consulting to bring tools, structure, and resources to individuals, teams, organizations, and communities that will make their vision a sustainable reality.

www.OpenRootsConsulting.com • 323.815.7679 • contact@openrootsconsulting.com